







The Sitting Elephant

AWARD WINNING RESTAURANT





RISHIKESH | MUSSOORIE









Welcome to the Sitting Elephant restaurant, where we pay homage to the majestic creatures that roam our surroundings - our beloved elephants.

The entire décor of the restaurant, from the furnishings to the artwork, has been thoughtfully designed to reflect the unique attributes and traits of elephants.

As you look out from our rooftop restaurant, across the river Ganga and towards the mountains, you'll witness an illusion that depicts an elephant sitting peacefully amidst nature.

The forested area visible across the river is Rajaji National Park, a renowned wildlife reserve home to various animals, including elephants.

During the summer season, one can often spot actual elephants taking a dip in the River Ganga across from our restaurant.

Dine with us and experience the flavours and culture of Rishikesh while paying homage to the wisdom and altruism of this magnificent creature.

As a tribute, we have included a list of interesting facts about elephants at the end of our menu.

Bon appétit - elephant style!

- Government taxes: 18 % GST applicable
- We levy 10% surcharge on 'In Room Dining'
- Please allow 30-35 minutes for preparation









CHOICE OF SOUPS

TOMATO DHANIYA SHORBA A traditional recipe of Indian royalty served hot with dask tomato	₹ 255 h of fresh
PALAK PUDINA SHORBA Indian soup with flavours of spinach and mint	₹ 255
CREAM OF TOMATO Tasty creamy soup. made with juicy tomatoes and other spic	₹ 255
CREAM OF MUSHROOM Creamy soup. made with cream and bits of mushroom	₹ 295
LEMON CORIANDER A flavoured soup made with lemon grass, coriander and chillies	₹ 255 I piquant
HOT & SOUR ★ Tangy favorite from China	₹ 255
SWEET CORN SOUP Soup with cream styled corn and vegetables	₹ 255
MANCHOW SOUP \overleftrightarrow Spicy and tangy soup served with fried noodles	₹ 275
NOODLE SOUP Lip-smacking soup with medley of tender noodles in vegetable broth	₹ 295 savoury
BROCCOLI SOUP Creamy broccoli soup made with fresh broccoli and vegetab	₹ 295 le broth











SALADS & SIDES

CAESAR SALAD	₹ 325
Classic salad with a vegan twist along with vegetarion ripened tomatoes, olives and pine seeds	an brochette,
GOURMET GREEN SALAD Green salad served with lemon vinaigrette	₹ 245
TOSSED SALAD Mixed field greens in honey, cumin and mustard seed dr	₹ 325 ressing
SPICY FRUIT SALAD 🔶 Fresh cut fruits tossed in chaat masala	₹ 355
RUSSIAN SALAD Wholesome salad made with peas, carrots, potatoe french beans and eggless mayonnaise	₹ 325 es, capsicum,
CHOICE OF RAITA Indian condiment made with yogurt used as dip in follo Mix / Boondi / Pineapple / Zeera / Potato	₹ 255 wing flavours
DAHI VADA An Indian savoury prepared with snack made from lens in thick yogurt	₹ 275 til, gram flour
DAHI KE SHOLEY Rolled bread and hung curd stuffed with morsels of cottage cheese and hand picked potatoes deep fried till	
PAKORA MIX Indian deep fried spiced fritters served with home made	₹ 355 mint squce
SAUTÉED MUSHROOMS *	₹ 365

Button mushrroms caramelized in butter and oil and sautéed with garlic and herbs.











TANDOORI KHAZANA

PANEER MULTANI 🛧

Thin slices of paneer stuffed with cheese and mint coated with aromatic homemade paste, cooked in clay oven

BIRBALI ACHARI PANEER TIKKA

Chunks of cottage cheese marinated with flavour of pickle masala arilled in tandoor

PANEER TIKKA SHASLIK

Chunks of cottage cheese infused with ajwain and zeera cooked in tandoor

TANDOORI SOYA CHAAP

Soybeans marinated in aromatic handmade spices and yogurt, cooked to perfection in a traditional clay oven

MUSHROOM E TANDOOR

Marinated mushrooms along with assorted vegetables grilled in Indian clay oven with blend of herbs and spices

RESHMI BROCCOLI

Broccoli in cream and yogurt marinade with aromatic spices and grilled to perfection

ALOO TILNAZ

Barrel potatoes stuffed with cottage cheese and the addition of exotic Indian spices coated with sesame seeds then grilled in tandoor

SEEKH KEBAB

Minced vegetables marinated with ginger, garlic and green chillies wrap into skewers served with home made mint sauce

SHAMI KEBAB

Chippy lentils with a blend of ground spices cooked in a mixture of hung curd, chopped onions, green chilies, coriander and ginger

ELLBEE SPECIAL PLATTER 🔶

Combination of Bharwan Aloo , Veg Seekh Kebab, Tandoori Khumb, Panner Tikka

Government taxes as applicable · We do not levy any service charge

₹ 445

₹ 475

₹ 445

₹ 445

₹ 425

₹ 445

₹ 405

₹ 425

₹ 425









MAIN COURSE

PANEER-E-MOKSHA 🛨 ₹ 575 Cottage cheese grilled on a charcoal grill and tossed in the special gravy ₹ 545 PANEER KADAI KURCHAN Cubes of cottage cheese stuffed with bell pepper and tomatoes with coriander and pounded peppercorn draped in spicy gravy PANFER PASANDA ₹ 545 Sweet and spicy filling, stuffed between two pieces of the popular Indian cottage cheese ₹ 545 PALAK PANEER Cubes of cottage cheese served in a thick paste made from puréed spinach MUSHROOM LABABDAR ₹ 525 Button mushroom cooked in with tomato and onion gravy KADAI MUSHROOM MASALA 🛨 ₹ 525 Made with flavours from earthy mushrooms, tart tomatoes, and aromatic spices MATTAR MUSHROOM ₹ 525 Made with tender mushrooms and green peas in a fragrant tomato and spice-based curry sauce. ₹ 525 MAKHMALI KOFTA WITH GRAVY 🛨 Dumplings of curd cheese served in saffron infused gravy KOFTA SHAAM SAVERA ₹ 545 Spinach dumplings stuffed with cottage cheese simmered in a rich tomato based gravy NAVRATAN KORMA ₹ 515

Fresh handpicked vegetables cooked in cashew cream and blended to perfection with a hint of rich red masala











MAIN COURSE

BHINDI MASALA Lady finger cooked along with cumin seeds and simple , spices	₹ 485 powdered
KUR-KURI BHINDI 🔶 Crispy lady finger served with lemon & chaat masala	₹ 485
DHABA STYLE SOYA CHAAP MASALA Grilled soya chaap in bold and spicy tomato-based cur style)	₹ 525 ry (dhaba
ADRAKI GOBHI ALOO Cauliflower and potato cooked with ginger and some m and spices	₹ 435 ildly herbs
BHARWAN ALOO KASHMIRI	₹ 445
Stuffed potatoes paired with nuts and stewed in tomato mo	akhni
ALOO JEERA	₹ 425
Boiled potatoes sautéed with cumin seeds, ginger, and spices	a mix of
AAJ KI SUBZI	₹ 425
All time Indian seasonal vegetable cooked home made style	9
JALFREZI	₹ 425
Multitude of vegetables cooked in a spicy and creamy tom sauce	nato onion
DAL MAKHANI 🜟	₹ 445
Black lentil simmered overnight , enriched with hand pou masala and served with a dollop of home made butter	nd garam
DAL-E-JIVTESH ★	₹ 445
The "Jivtesh Dal" is a rich variation of the traditional araha be served in a royal feast	nr dal fit to







KAFULI SAAG 🛧

Spinach and fenugreek leaves are cooked together in an iron pot. after which salt and spices are added to accentuate its flavour

ALOO KI THECHWANI 🛨

Made from pounded potatoes that are squashed (thinchao) into pieces and mixed with spices and chutneys.

PHAANU

Prepared with lentils like Chainsoo, which are native to Uttarakhand

GAHAT KI DAL

Pahadi Gahat, a horse gram lentil stew also known as Kulath. A hearty, and healthy dal that has tons of health benefits

STUFFED GAHAT PARANTHE

Lentil prepared from Gahat tempered with gandharein (Angelica Glabris) and Hina

MANDUA KI ROTI

Traditional Pahadi roti made from Mandua flour that has rich nutrituous value

BIRYANI AND RICE

PLAIN RICE

Plain steamed Basmati rice served fresh

PEAS PULAO RICE

Steamed rice garnished with cumin and peas prepared in traditional Indian style

SUBZ DUM BIRYANI 🔶

Traditional Indian Basmati rice cooked on Dum delicacy with garden fresh vegetables served with traditional accompaniment







₹ 345

₹ 385

₹ 445

₹ 155

₹ 275

₹ 525

₹ 595

₹ 575







INDIAN BREADS

	₹ 65
Most commonly eaten Indian unleavened bread, mo called tandoor	ade in clay oven
TAWA ROTI	₹ 65
Traditional north indian flatbread made with wheat on a top gas stove	flour using tawa
RUMALI ROTI	₹ 65
Supple thin flat bread with combination of whole c flour	and white wheat
BESANI MISSI ROTI	₹ 115
Indian bread prepared from dough comprising chick	bea flour
MILLET ROTI	₹ 115
Gluten-free flatbread made with pearl millet flour	
LACCHA PARATHA	₹ 125
Multi layered Indian flat bread prepared with wheat c	and plain flour
PUDINA PARATHA Flaky and layered mint flavored whole wheat flatbred	₹ 125
PLAIN NAAN Leavened, clay oven-baked flatbread native to India	₹ 115
BUTTER / GARLIC NAAN	₹ 135
Plain Naan with layering of butter or garlic to ado bread	d flavour to the
CHEESE NAAN	₹ 175
Plain naan stuffed with soft-melted cheese - a must ti lovers	ry for the cheese
	F
and the second se	









CHINESE DELICACIES

CHILLY PANEER ★

A delicious mix of Chinese and Indian cuisine with fried cottage cheese

MANCHURIAN

Deep fried veg balls cooked in a gravy made with oriental sauces

VEGETABLE SALT AND PEPPER

The combination of crispy exotic vegetables with flavor of salt and pepper

CHILLY MUSHROOM

A delicious mix of Chinese and Indian cuisine with chilly mushrooms

COTTAGE CHEESE IN HOT GARLIC

Tender cottage cheese slices cooked in hot garlic sauce with exotic stir fried vegetables

HONEY CHILLI POTATO

Popular Indo-Chinese appetizer made by coating crispy fried potato wedges in a sweet and spicy sauce made with honey

SPRING ROLL

Rolled appetizer filled with a shredded mixture of vegetables

FRIED RICE

Plain rice stir fried in frying pan mixed with vegetables

HAKKA NOODLES ★

Indian-Chinese style noodles made with unleavened refined wheat flour

CHILLI GARLIC NOODLES

This Asian Chinese-style garlic noodles recipe includes noodles cooked with dry red chilies and red chili sauce





Government taxes as applicable \cdot We do not levy any service charge

₹ 525

₹ 525

₹ 545

₹ 545

₹ 545 exotic

₹ 395

₹ 295

₹ 345

₹ 415







CONTINENTAL

CHOICE OF PASTA 🛨

Penne / Fusilli / Spaghetti / Whole Wheat served in choice of sauce

SAUTÉED VEGETABLES

Exotic veggies tossed with herbs, olive oil and cook until tender

GRILLED VEGETABLE BURGER

Minced veggies on sesame bun, cheese, fries, slaw and pickled relish

PIZZA DEL BOSCO

Classic Italian porcini mushroom pizza, capers, tomato and fresh buffalow mozarella

CHEESY CHEESE PIZZA

Creamy garlic pizza topped with whole mozzarella cheese

VEGGIE DELIGHT PIZZA

Classic marinara sauce made of purely country ripened tomatoes, fresh mushroom, fresh red onions, fresh bell-peppers and black olives

PANEER TIKKA WRAP

Tender morsels of tandoor cooked paneer, red onions and sweet peppers wrapped in roomali roti served with mint chutney

THE ELLBEE CLUB SANDWICH 🛧

Triple decker toasted , veggies , greek yogurt , mayo , potatoes, cheese, tomato, lettuce, fries

COTTAGE CHEESE SIZZLER

Sizzling hot platter of marinated cottage cheese cubes, sautéed vegetables, and a tangy sauce served with rice

MUSHROOM SIZZLER

A sizzling platter of grilled mushrooms and sautéed vegetables, served with a side of rice and a flavourful sauce





Government taxes as applicable · We do not levy any service charge

₹ 495

₹ 495

₹ 525

₹ 495

₹ 395

₹ 495

₹ 415

₹ 595









DESSERT

GULAB JAMUN	₹ 245
Reduced milk stuffed dumpling served in hot sugar syrup KHEER	₹ 285
A traditional Indian dessert made from slow-cooked rice, m sugar, much like a rice pudding	
SHAHI TUKRA ★	₹ 345
Fried sugar syrup coated bread topped and soaked with f creamy sweet thickened milk and garnished with dry fruits.	fragrant
ICE CREAM FLAVOURS	₹ 225
Please ask your server for the selection	
GAJAR HALWA (SEASONAL)	₹ 355
Carrot-based sweet dessert pudding	
FRESH CUT FRUITS	₹ 345
Platter of fresh seasonal cut fruits	
BEVERAGE (HOT)	
CAPPUCCINO	₹ 185
Classic fluffed milk coffee with chocolate dusting	
CAFÉ LATTE	₹ 195
True milk coffee	
MASALA CHAI	₹ 185
Traditional Indian tea prepared with selected spices and milk	
EARL GREEN TEA	₹ 185
True milk coffee	
GINGER LEMON BLACK TEA	₹ 185
Combination of ginger spiced lemon with Assam black tea lec	
HOT CHOCOLATE	₹ 195
Delicious dark cocoa with chocolate sauce , milk and cream	
Government taxes as applicable · We do not levy any service cha	rge







BEVERAGE (COLD)

MINERAL WATER Purified bottled water	₹ 75
FRESH FRUIT JUICE 🚖 Chilled fresh fruit (seasonal) juice	₹ 195
FRESH VEGETABLE JUICE ★ Chilled fresh vegetable (seasonal) juice	₹ 195
LASSI (SWEET/SALTED) Yogurt-based drink popular in Northern India	₹ 165
FRESH LIME SODA (SWEET/SALTED) Freshly squeezed lime juice mixed with soda and sweetener	₹ 145
AERATED DRINKS Coke / Diet Coke / Fanta / Limca / Sprite	₹ 135
COLD COFFEE Refreshing coffee beverage made with cold milk, coffee cream	₹ 195 and ice
MANGO SMOOTHIE	₹ 195
Fruity mango flavour blended with ice-cream BLACKCURRANT SMOOTHIE Blackcurrant flavour blended with ice-cream	₹ 195
SHAKE OF THE DAY Seasonal fruit flavoured milk shake	₹ 195











Some Interesting Facts about Elephants

- Elephants are the largest land animals in the world, with males weighing up to 6,000 kg and females up to 3,000 kg.
- Elephants are highly intelligent and have a remarkable memory. They are known to be able to recognise themselves in mirrors and are capable of solving complex problems.
- Elephants are social animals and live in groups led by a matriarch. These groups can be as large as 100 individuals.
- Elephants are herbivores and can consume up to 300 kg of vegetation in a single day.
- Elephants have a unique communication system, using a variety of sounds and physical gestures to convey different messages to each other.
- Elephants have thick, wrinkled skin that helps them regulate their body temperature and protects them from the sun.
- Elephants are an important keystone species, playing a critical role in maintaining the ecological balance of their habitat.



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